

1 **Characterization of annual average traffic-related air pollution levels (particle number,**
2 **black carbon, nitrogen dioxide, PM_{2.5}, carbon dioxide) in the greater Seattle area from a**
3 **year-long mobile monitoring campaign**

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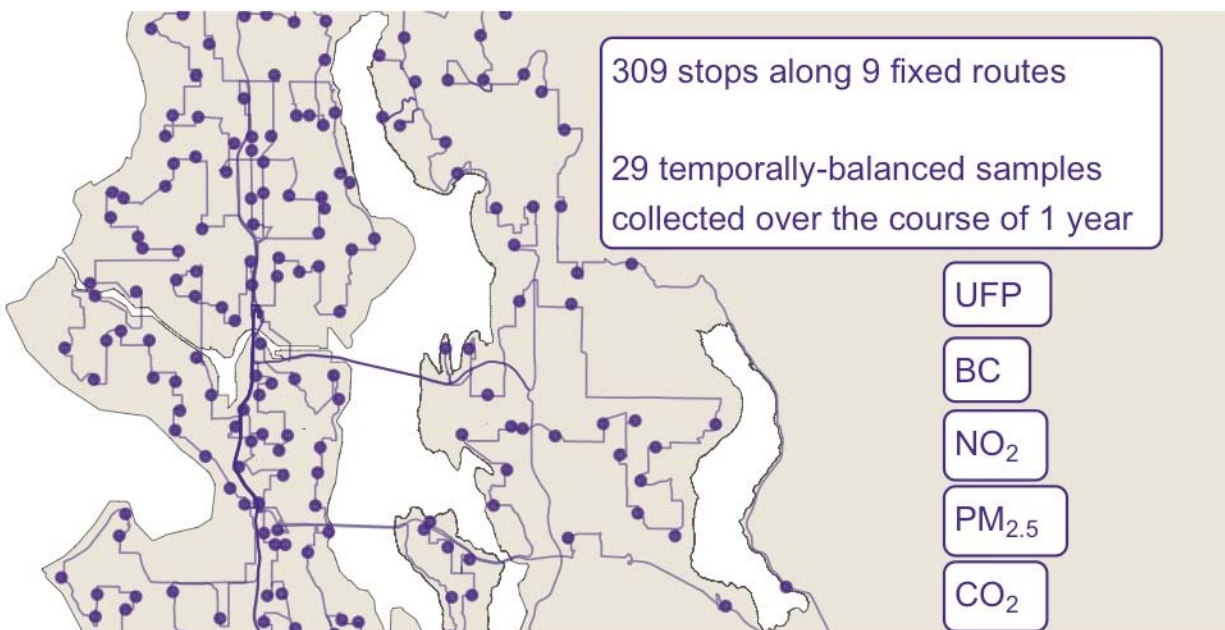
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Abstract

Growing evidence links traffic-related air pollution (TRAP) to adverse health effects. We designed an innovative and extensive mobile monitoring campaign to characterize TRAP exposure levels for the Adult Changes in Thought (ACT) study, a Seattle-based cohort. The campaign measured particle number concentration (PNC) to capture ultrafine particles (UFP), black carbon (BC), nitrogen dioxide (NO₂), fine particulate matter (PM_{2.5}), and carbon dioxide (CO₂) at 309 stop sites representative of the cohort. We collected about 29 two-minute visit measures at each site during all seasons, days of the week, and most times of day during a one-year period. Validation showed good agreement between our BC, NO₂, and PM_{2.5} measurements and regulatory monitoring sites ($R^2 = 0.68-0.73$). Universal kriging–partial least squares models of annual average pollutant concentrations had cross-validated mean square error-based R^2 (and root mean square error) values of 0.77 (1,177 pt/cm³) for PNC, 0.60 (102 ng/m³) for BC, 0.77 (1.3 ppb) for NO₂, 0.70 (0.3 μg/m³) for PM_{2.5}, and 0.50 (4.2 ppm) for CO₂. Overall, we found that the design of this extensive campaign captured the spatial pollutant variations well and these were explained by sensible land use features, including those related to traffic.

Synopsis: We develop well-performing, long-term average pollutant exposure prediction models for epidemiologic application from an innovative and extensive short-term mobile monitoring campaign.



41

42 1 Introduction

43

44 An extensive body of evidence has linked air pollution to adverse health effects including
45 respiratory, cardiovascular and mortality outcomes.¹ Recent evidence has begun to link traffic-
46 related air pollution (TRAP) exposure to cognitive function among various populations,
47 including the elderly.²⁻⁶ While TRAP is a complex mixture that varies over time and space,
48 pollutants include ultrafine particles (UFP; typically defined as aerodynamic diameter ≤ 100
49 nm), black carbon (BC), oxides of nitrogen including nitrogen dioxide (NO₂), carbon dioxide
50 (CO₂), and carbon monoxide (CO).⁷ In particular, UFPs have increasingly been associated with
51 important health outcomes including more neurotoxicity and systemic inflammation than larger
52 particles.⁸⁻¹⁴

53 To date, however, much of the epidemiology air pollution research has been limited to
54 the federally defined criteria air pollutants, monitored nationwide through the EPA's regulatory
55 Air Quality System (AQS) monitoring network. This network has monitored criteria pollutant

56 levels throughout the US since the 1990s, and none specifically include UFPs.¹⁵ Furthermore,
57 this network is spatially sparse and thus fails to capture the spatial variability of more quickly
58 decaying pollutants, including many TRAPs.¹⁶ The Seattle Census Urbanized Area, for example,
59 averages about 1 AQS monitor every 174 km² (~14 active monitors within a land area of about
60 2,440 km²), most of which measure fine particulate matter mass concentration with diameter of
61 less than 2.5 μm (PM_{2.5}) and BC.^{17,18}

62 Mobile monitoring campaigns for assessing air pollution exposure have been used since
63 at least the 1970s and have become increasingly common in recent years in an effort to address
64 the limitations of traditional fixed site monitoring approaches.¹⁹⁻²⁵ Typically, a vehicle is
65 equipped with air monitors capable of measuring pollutants with high temporal resolution. Short-
66 term sampling repeatedly occurs with this platform at predefined sites. Past work has shown that
67 repeated short-term air pollution samples can be used to calculate unbiased long-term averages,
68 thus reducing the need for continuous fixed-site monitoring.^{19,20} Because the sampling duration
69 at individual sites can be quite short, campaigns can increase their spatial coverage with a single
70 platform, thus making this approach more time- and cost- efficient than traditional fixed-site
71 monitoring.

72 Still, the designs of past mobile monitoring campaigns have arguably limited their
73 epidemiologic application. Importantly, most campaigns have sampled during limited time
74 periods, for example, weekday business hours during one to three seasons.^{21,26-28} We previously
75 showed that these limited sampling campaigns likely result in biased long-term human exposure
76 estimates because they do not capture the high temporal variability of many TRAPs, and that the
77 exact degree of bias varies (is not consistent) across site.²⁹ Additionally, many campaigns have
78 sampled along non-residential areas such as highways and industrial areas where air pollution

79 levels may be much higher than the levels that most people are exposed to. Furthermore, most
80 have collected non-stationary (mobile) on-road samples rather than stationary samples along the
81 side of the road closer to participant residences. While non-stationary designs increase spatial
82 coverage, further work is needed to demonstrate whether these are representative of residential
83 human exposure levels.^{21,30} The additional bias that likely results from these limited sampling
84 schemes is unclear.

85 To address the limitations of past campaigns, we designed an extensive, multi-pollutant
86 mobile monitoring campaign to characterize TRAP exposure levels for the Adult Changes in
87 Thought (ACT) study cohort. ACT is a long-standing, prospective cohort study that has been
88 investigating aging and brain health in the greater Seattle area since 1995.³¹ The campaign
89 measured TRAP at 309 stationary sites (stops) representative of the cohort in a temporally
90 balanced approach throughout the course of a year. The goal of this paper is to describe the
91 mobile monitoring design's sampling methodology and TRAP measures collected, and to
92 develop exposure predictions for later application to the ACT cohort. To the best of our
93 knowledge, this is one of the most extensive mobile monitoring campaigns conducted in terms of
94 the pollutants measured, the spatial coverage and resolution, and the campaign duration and
95 sampling frequency.

96

97 2 Methods

98

99 Briefly, multiple pollutants including particle number concentration (PNC), BC, NO₂,
100 PM_{2.5}, and CO₂ were simultaneously measured with high quality instrumentation at 309 stop
101 sites off the side of the road along fixed routes. Sites were representative of the cohort's large

102 spatial and geographical distribution throughout the greater Seattle area. A temporally balanced,
103 year-long driving schedule that measured TRAP during all seasons, days of the week, and most
104 times of the day enabled us to estimate unbiased annual average estimates at the site level.
105 Details are described below.

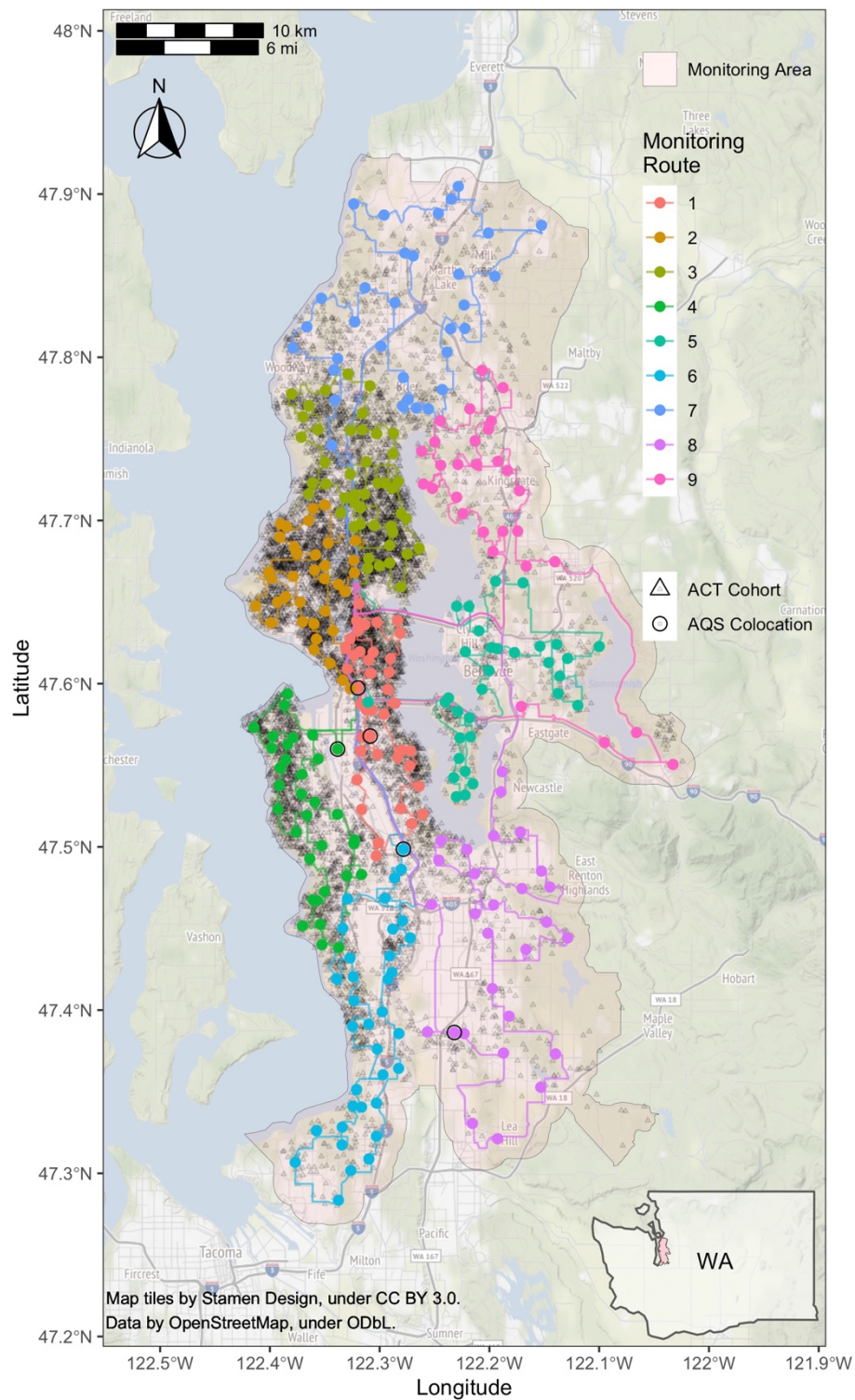
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107 2.1 Spatial Compatibility of the Selected Stop Sites and the ACT Cohort

108

109 We selected a mobile monitoring region in the greater Seattle, WA area that was roughly
110 1,200 land km² (463 mi²; Figure 1). The monitoring region was composed of Census Tracts
111 where the majority of the ACT cohort had historically resided between 1989-2018 (87% =
112 10,330/11,904 locations). This large region fell in western King County and southwest
113 Snohomish County, and it included a variety of urban and rural areas with various land uses
114 including residential, industrial, commercial, and downtown areas. We used the Location-
115 Allocation tool in ArcMap (ArcGIS v. 10.5.1)³² to select 304 stops within the monitoring region
116 that were representative of the ACT cohort (approximately one monitoring site per 33 participant
117 locations; see Supplementary Information [SI] Note S1 for details). Stops were spatially
118 distributed so that they would cover all parts of the monitoring region. The exact sites selected
119 were meant to minimize the distance between the monitoring and cohort locations. Five
120 additional stops were collocations at nearby regulatory air quality monitoring sites measuring
121 pollutants similar to our platform (see below). In total, there were 309 stops. The average (SD)
122 distance between a cohort location and the nearest monitoring stop was 611 (397) m. The
123 monitoring stops and cohort locations had similar distributions of various TRAP-related

- 124 covariates (e.g., proximity to roadways, airport, railyard), indicating good spatial compatibility
- 125 (SI Figure S1).³³



126

127 *Figure 1. Mobile monitoring routes (n=309 stops along 9 routes) and jittered ACT cohort locations (n=10,330 unique locations).*
128 *Inset map shows the monitoring area within Washington (WA) state.*

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131 2.2 Fixed Routes

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133 We used ArcMap's Network Analyst New Route tool³² and Google Maps³⁴ to develop
134 nine fixed routes based on the 309 stop monitoring sites. Each route ranged from 75-168 km (47-
135 104 miles) in length and had 28-40 stops (SI Table S1). All routes started and ended at the
136 University of Washington and were intended to maximize residential driving coverage (i.e.,
137 reduce highway driving and driving on the same roads). Routes were downloaded from Google
138 Maps to a smart phone and Garmin GPS Navigation System, and navigation was set to replicate
139 the same route each time regardless of traffic conditions.

140

141 2.3 Sampling Schedule

142

143 Sampling was conducted from March 2019 through March 2020 during all seasons and
144 days of the week between the hours of 4 AM and 11 PM. Our previous work has shown that this
145 balanced but slightly reduced sampling schedule taking driver safety and operational logistics
146 into consideration should still generally produce unbiased annual averages.²⁹ This work further
147 showed that the temporal sampling design rather than the visit sampling duration has the largest
148 impact on the accuracy of the annual average estimates, and that common sampling designs like
149 weekday business and rush hours regularly produce more biased annual averages. To increase
150 temporal coverage, routes were started at different times of the day and driven in both clockwise
151 and counterclockwise directions. A single route was driven each day (~4-8 drive hours). Make-
152 up site visits were conducted throughout the study to resample sites with missing readings (i.e.,

153 due to instrumentation or driver errors). Make-up visits occurred during similar times as the
154 originally scheduled sampling time (i.e., season, day of the week, general time of day).

155 Twenty-eight two-minute samples were scheduled to be collected at each stop site while
156 the vehicle was parked along the side of the road. This design choice was justified by our
157 additional analyses of one-minute data from a near-road and a background regulatory site in
158 Seattle. These analyses showed that at least 25 two-minute samples were sufficient to produce
159 annual average estimates with a low average percent error (See SI Figure S2). Furthermore, there
160 was only a negligible improvement in annual average estimates when the sampling duration was
161 extended from 2 to 60 minutes.

162

163 2.4 Data Collection

164

165 We equipped a Toyota Prius hybrid vehicle with fast-response (1-60 sec), high-quality
166 instrumentation that measured various particle and gas pollutants. Pollutants included BC
167 (AethLabs MA200), NO₂ (Aerodyne Research Inc. CAPS), PM_{2.5} (Radiance Research M903
168 nephelometer), CO₂ (Li-Cor LI-850), and PNC with various instruments, including two TSI P-
169 TRAK 8525's (one unscreened – the primary instrument in this analysis, and one with a
170 diffusion screen), a TSI NanoScan 3910, and Testo DiSCmini. PNC serves as a surrogate for
171 UFP since most particles by count are smaller than 100 nm.³⁵ CO measurements were also
172 collected, but these were not included in this analysis because they did not meet our quality
173 standards. The platform additionally collected temperature, relative humidity, and global
174 positioning with real-time tracking. See SI Table S2 for instrumentation details, including the
175 manufacturer-reported size ranges for the four PNC instruments. We had duplicates (back-ups)

176 of every instrument type that were periodically collocated for quality assurance purposes (see
177 Quality Assurance and Quality Control). SI Note S2 and Figures S3-S4 have additional details
178 on the platform configuration and data collection procedures.

179

180 2.5 Quality Assurance and Quality Control

181

182 We conducted various quality assurance and quality control (QAQC) activities
183 throughout the study period to ensure the reliability and integrity of our data. Activities included
184 calibrating gas instruments; checking particle instruments for zero concentration responses;
185 assessing collocated instruments for agreement; inspecting time series data for concentration
186 pattern anomalies; and dropping readings associated with instrument error codes or those outside
187 the instrument measurement range. SI Section S1.3 has additional details.

188

189 2.6 Site Visit Summaries

190

191 All data analyses were conducted in R (v 3.6.2, using RStudio v 1.2.5033; see SI Note S3
192 for computing details).³⁶

193 We calculated the median pollutant concentrations for each two-minute site visit. While
194 means can be highly influenced by large concentration deviations (which may be important in
195 some settings), medians are more robust to outliers and may better capture the typical values of
196 skewed data.

197 We estimated PM_{2.5} concentrations from nephelometer readings using a calibration curve
198 fit to regulatory monitoring data between 1998-2017 (SI Equation S1). Nephelometer light

199 scattering is strongly correlated with $PM_{2.5}$ and has been used in the Puget Sound region to
200 monitor air quality since 1967.³⁷ We fit the model using daily average measurements from nine
201 non-industrial regulatory air monitoring sites in the region where both $PM_{2.5}$ (using federal
202 reference methods) and nephelometer light scattering data were collected. We excluded the years
203 2008-2009 due to nephelometer instrumentation issues noted by the local regulatory agency. The
204 model's leave-one-site-out cross-validated R^2 and root mean square error (RMSE) were 0.92 and
205 $1.97 \mu\text{g}/\text{m}^3$, respectively.

206 Site visit medians and annual averages for BC, NO_2 and $PM_{2.5}$ estimated from these data
207 were compared against estimates from the five regulatory air monitoring collocation sites.

208

209 2.7 Spatial and Temporal Variability

210

211 We ran analysis of variance (ANOVA) models for each pollutant to characterize the
212 relative variability of the site visit level data over space, time, and within site. The independent
213 variables for each pollutant model were the site ($n=309$), season ($n=4$), day of the week ($n=7$),
214 and hour of the day ($n=21$), while the dependent variable was median visit concentrations.

215

216 2.8 Estimation of Annual Averages

217

218 We calculated winsorized annual average concentrations for each site such that
219 concentrations below the 5th and above the 95th quantile concentration were substituted with the
220 5th and 95th quantile concentration, respectively (mean of winsorized medians). This was done to
221 reduce the influence of large outlier concentrations on the annual average. In sensitivity analyses,
222 we calculated non-winsorized averages (mean of medians) and medians (median of medians).

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224 2.9 Annual Average Prediction Models

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Development of annual average prediction models allows the predictions to be used for epidemiologic inference. The data were randomly split into a training-validation (90%, n=278 sites) and a test (10%, n=31 sites) set. The training-validation set was used to select the 191 geographic covariate predictors (e.g., land use, roadway proximity) that had sufficient variability and a limited number of outliers from 350 original covariates (see SI Notes S5 for details). These were summarized using pollutant-specific partial least squares (PLS) regression components. We built pollutant-specific universal kriging (UK) models for annual average concentrations, using log-transformed concentrations as the dependent variable and the first three geocovariate PLS principal components as the independent variables (Equation 1). We used UK rather than land use regression (LUR) alone since UK uses geospatial smoothing to capture any residual spatial correlation not otherwise captured by LUR. We selected the kriging variogram model for the geostatistical structure using the `fit.variogram` function in the `gstat`³⁸ R (v 3.6.2, using RStudio v 1.2.5033)³⁶ package.

$$\text{Log}(\text{Conc}) = \alpha + \sum_{m=1}^M \theta_m Z_m + \varepsilon$$

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242

243

Equation 1. Universal kriging with partial least squares models for annual average pollutant concentrations. Conc is the pollutant concentration, Z_m are the PLS principal component scores ($M=3$), α and θ_m are estimated model coefficients, and ε is the residual term with mean zero and a modeled geostatistical structure.

244

245

246

We used RMSE and mean square error (MSE) -based R^2 to evaluate the performance of each pollutant model on the native scale using ten-fold cross-validation and test sites. We used

247 MSE-based R^2 instead of traditional, regression-based R^2 because it evaluates whether
248 predictions and observations are the same (around the one-to-one line) such that it assesses both
249 bias and variation around the one-to-one line. Regression-based R^2 , on the other hand, solely
250 assesses whether pairs of observations are linearly associated, regardless of whether observations
251 are the same or not.

252

253 3 Results

254

255 3.1 Data Collected

256

257 After dropping stop concentrations that did not meet the quality assurance standards
258 (0.61%), the final analyses included over 70,000 two-minute median stop samples (almost 9,000
259 samples per instrument) collected over the course of 288 drive days from 309 monitoring sites
260 (Table S7). Sites were sampled an average of 29 times, ranging from 26 to 35 times. Due to the
261 logistical constraints of sampling 309 sites with one platform along nine fixed routes, some sites
262 were visited fewer times of the day than other sites, though sampling times were still well
263 distributed throughout the day (e.g., morning [e.g., 7 AM], afternoon [e.g., 3 PM] and evening
264 [e.g., 8 PM]; see SI Figure S7). SI section S2.1 Site Visits has additional details on the visit-level
265 pollutant concentrations used to estimate site annual averages.

266

267 3.2 Collocations at Regulatory Monitoring Sites

268

269 Median two-minute BC, NO₂ and PM_{2.5} measurements from mobile monitoring stops
270 were generally in agreement with measurements from regulatory sites (MSE-based R²: BC =
271 0.69, NO₂ = 0.71, PM_{2.5} = 0.61; SI Figure S12). Annual average estimates from our mobile
272 monitoring campaign measurements were similar to annual average estimates from comparable
273 two-minute samples at regulatory monitoring sites used as collocations, and these were in
274 moderate agreement with true annual average concentrations at those sites (based on all of the
275 available data during the study period; SI Figure S13).

276

277 3.3 Spatial and Temporal Variability

278

279 Pollutant-specific ANOVA models of winsorized site visit concentrations indicated most
280 of the concentration variability occurred within sites, rather than across sites or over time (SI
281 Figure S14). After accounting for time and site, PNC from the P-TRAK instrument had the
282 highest within-site variability (82% of the total), followed by PM_{2.5} (87%), BC (80%), CO₂
283 (70%), and lastly, NO₂ (66%). CO₂ (27%) had the most temporal variability, followed by NO₂
284 (24%), BC (16%), PM_{2.5} (13%), and PNC (6%), respectively. Finally, PNC (12%) had the most
285 spatial variability, followed by NO₂ (10%), BC (4%), CO₂ (3%) and PM_{2.5} (<1%), respectively.
286 Unlike other pollutants, PNC had more spatial than temporal variability. SI Figure S14 shows
287 similar results for other PNC instruments.

288

289 3.4 Annual Average Estimates

290

291 Estimated annual average pollutant concentrations across all monitoring sites are shown
292 in SI Figure S15. There was a 5- to 6- fold difference between the lowest and highest site
293 concentrations of PNC, NO₂, and BC. On the other hand, PM_{2.5} had a 2-fold difference across
294 sites, while CO₂ varied little across sites. Among PNC instruments, the screened P-TRAK
295 measured the lowest concentrations and had the smallest variability; the P-TRAK, which did not
296 screen out particles below 36 nm, had the second-highest averages with approximately double
297 the values and more variability. The DisSCmini and Nanoscan had higher medians, more
298 variability, and more outlying annual average concentrations. SI Figures S16-S17 map these
299 concentrations. The locations with the highest BC, NO₂, and PNC concentrations were near the
300 Seattle urban core. High PNC concentration sites were additionally located at more southern
301 locations near the area's major airport, the Seattle-Tacoma (Sea-Tac) International Airport. Sites
302 with elevated PM_{2.5} and CO₂ levels were dispersed throughout the monitoring region.

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304 3.5 Prediction Models

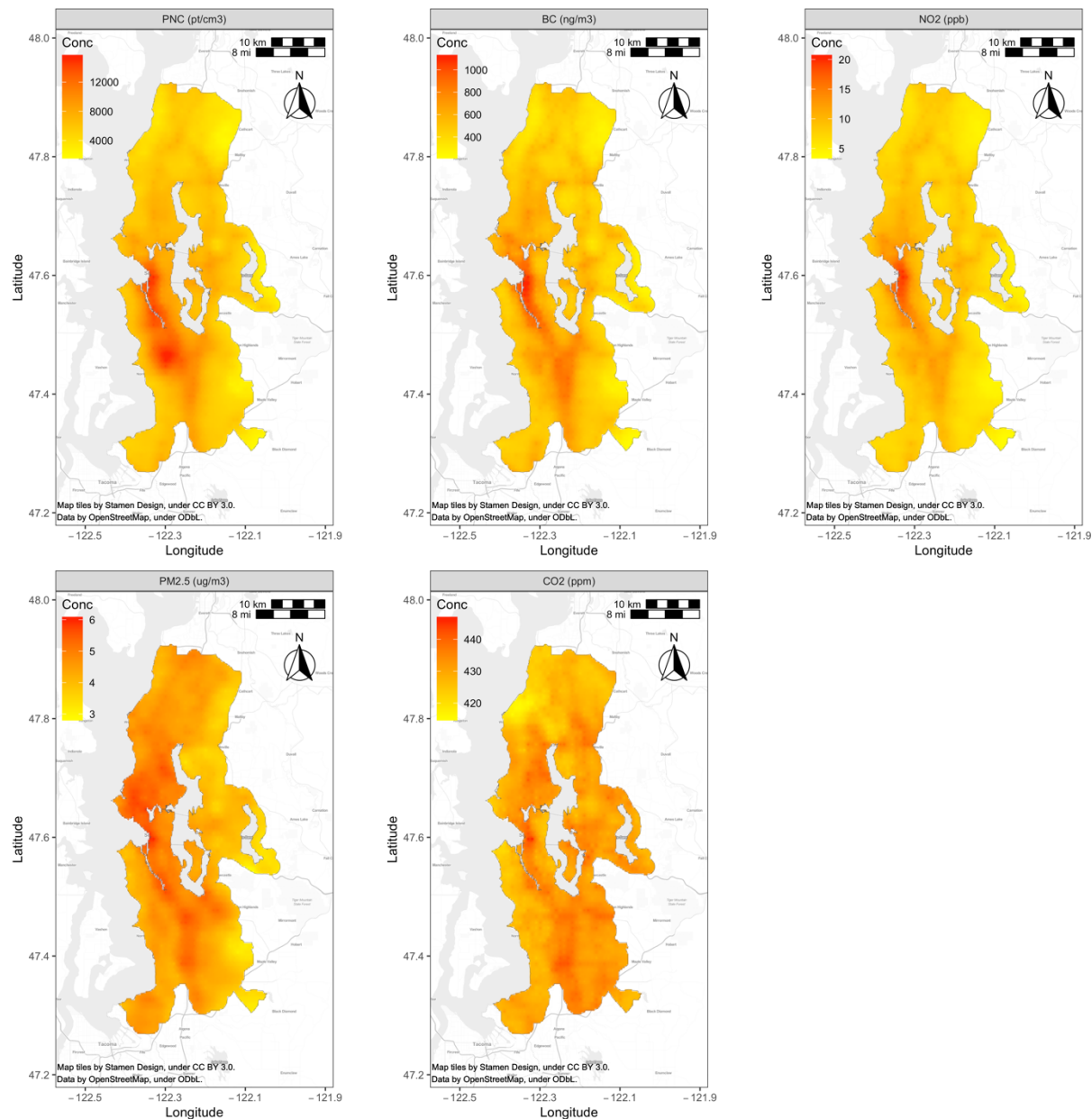
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306 Based on the training-validation set, the first three PLS principal components captured
307 between 49-51% of the observed concentration variability for each pollutant model. Loadings
308 from the first PLS principal component indicated that normalized difference vegetation index
309 (NDVI), length of bus routes, major roadways, land development, population density, and truck
310 routes were strong predictors of air pollution in the region, with some pollutants, for example
311 PNC, being more influenced by these land features (SI Figure S18). Cross-validated MSE-based
312 R² (and RMSE) values for UK-PLS models were 0.77 (1,177 pt/cm³) for PNC, 0.60 (102 ng/m³)
313 for BC, 0.77 (1.3 ppb) for NO₂, 0.70 (0.3 μg/m³) for PM_{2.5}, and 0.51 (4.2 ppm) for CO₂ (SI Table

314 S9). In the independent test set, these results differed somewhat with estimates of MSE-based R^2
315 (and RMSE) of 0.78 (815 pt/cm^3) for PNC, 0.80 (60 ng/m^3) for BC, 0.84 (0.9 ppb) for NO_2 , 0.73
316 ($0.3 \mu\text{g}/\text{m}^3$) for $\text{PM}_{2.5}$, and 0.77 (2.7 ppm) for CO_2 . Sensitivity analyses using mean of medians
317 and median of medians annual averages performed similar or slightly lower due to changes in the
318 number of influential points and/or reduced overall variability (SI Table S9). These model
319 performances are reflected in the generally good agreement between the estimates and cross-
320 validated predictions (Figure S19). All PNC instruments do show a few underpredicted
321 observations.

322 Model predictions for the monitoring region are shown in Figure 2 (predictions from
323 additional PNC instruments are shown in Figure S20). While $\text{PM}_{2.5}$ and CO_2 are fairly spatially
324 homogeneous, PNC, BC, and NO_2 (traditional TRAPs) show higher concentrations in the urban
325 core and along major roads. In addition, PNC shows higher concentration near the area's major
326 airport. All the PNC instruments reflect this broad pattern, although there are differences across
327 instruments in the areas with the highest predicted concentrations.

328



329

330 *Figure 2. UK-PLS pollutant predictions for the monitoring region.*

331

332

333 Pearson correlation coefficients (R) for pollutant model predictions at the 309 monitoring

334 sites and all instruments are shown in SI Figure S21. Different PNC instruments were generally

335 well correlated with each other ($R = 0.85-0.97$). Overall, PNC from the P-TRAK, BC, and NO_2

336 were well correlated with each other ($R = 0.81-0.92$), and moderately correlated with $\text{PM}_{2.5}$ and

337 CO₂ (R = 0.39-0.70). CO₂ and PM_{2.5} were moderately correlated with each other (R = 0.46). The
338 biggest deviations from a linear association were evident for the predicted high concentrations
339 from the DiSCmini; this was particularly apparent in its relationship with BC, NO₂, PM_{2.5}, and
340 CO₂.

341

342 4 Discussion

343

344 In this paper, we describe the design of an innovative mobile monitoring campaign
345 specifically developed to estimate unbiased, highly spatially resolved, long-term TRAP
346 exposures in an epidemiologic cohort. To date, this is one of the most extensive mobile
347 monitoring campaigns conducted in terms of the pollutants measured (five pollutants measured
348 with eight different instruments, not including CO) spatial coverage (~1,200 land km²), sampling
349 density (309 monitoring sites along 9 routes, or 1 monitor every 3.9 land km²), and sampling
350 frequency (7 days a week; 288 days over a one-year period) and duration (~5 driving hours per
351 day between the hours of 4 AM – 11 PM). The spatial resolution achieved by this campaign was
352 significantly greater than would be expected from fixed regulatory monitoring approaches. We
353 had one monitor per 3.9 km² of land area rather than 183 km² (6 regulatory sites in the
354 monitoring area), almost a 50-fold increase. The average (SD) distance from an ACT cohort
355 location to the nearest monitoring site was 611 (397) m rather than 5,805 (2,805) m to an AQS
356 site, almost a ten-fold difference. Monitor proximity to prediction (i.e., cohort) locations, both in
357 terms of geographic and covariate distance, is an important determinant of accurate exposure
358 assessment.^{39,40} Additionally, we previously showed that the extensive temporal sampling of this
359 campaign across hours, days of the week and seasons is expected to produce more accurate and

360 unbiased annual average estimates as compared to more common campaigns with reduced
361 sampling.²⁹

362 A unique aspect of this campaign was the collection of stationary samples along the side
363 of the road. While most other campaigns have only collected non-stationary, on-road samples,
364 various studies have shown that mobile samples are generally higher in concentration than
365 stationary samples.^{21,41-44} The completion of our stationary and non-stationary campaign
366 positions us to conduct future work on how non-stationary data may be used responsibly for
367 epidemiologic applications. Among the relatively few campaigns that have collected stationary
368 rather than mobile samples alone, most have sampled for longer than two minutes (about 15-60
369 minutes per stop).⁴⁵ Our analyses indicated that shorter sampling periods produce comparably
370 good estimates without adding excessive amounts of stationary sampling time to mobile
371 monitoring campaigns (See SI Figure S2). Our use of a hybrid vehicle meant that the vehicle's
372 engine was off and it operated by battery during stop sampling periods, thus reducing the
373 possibility of self-contamination.

374 ANOVA model results indicate differences across pollutants in terms of their spatial and
375 temporal variability. This finding is particularly relevant for short-term mobile monitoring
376 campaigns, which could design their campaigns to adequately capture the variability of the
377 pollutants of interest. These findings suggest that repeated sampling at any given site is crucial
378 since most of the variability for all measured pollutants was seen within sites, even after
379 adjusting for time. Following that, all pollutants other than PNC had relatively more temporal
380 than spatial variability. Campaigns measuring these pollutants may thus benefit by inclusion of
381 more temporally-balanced site visits. PNC, on the other hand, has slightly more spatial than
382 temporal variability suggesting that both are important. The implementation of these concepts for

383 epidemiologic exposure assessment should translate to reduced exposure misclassification.
384 Overall, our results are in line with past literature that has shown differing spatial and temporal
385 contrasts across pollutants,^{46,47} though our work increases the robustness of these findings using
386 a more spatially resolved, multi-pollutant dataset that includes less commonly measured PNC.

387 The findings from this campaign demonstrate the region's generally low air pollution
388 levels. The range of annual concentrations across sites for PM_{2.5} (3.4-7.2 µg/m³) and NO₂ (3.9-
389 23 ppb) were well below the National Ambient Air Quality Standards (NAAQS) annual average
390 levels of 12 µg/m³ and 53 ppb, respectively.⁴⁸ Annual PNC (~7,000 pt/cm³) and BC (~600
391 ng/m³) site concentrations were lower than what others have reported in cities throughout the
392 world where mean study values range from roughly 6,000-64,000 PNC pt/cm³ and 400-14,000
393 BC ng/m³ (PNC^{21,42,43,49-63}; BC^{19,21,43,52,53,58,63-75}). While CO₂ site concentrations (417-455 ppm)
394 were above the 2019 global average of 412 ppb,⁷⁶ they were in line with past work noting
395 elevated carbon footprint levels in dense, high-income cities and affluent suburbs.^{77,78} Still, the
396 high concentration variability seen across sites for pollutants like PNC, BC and NO₂ suggests
397 that future epidemiological analyses may have more power to observe health effects from these
398 pollutants than those that are less spatially variable, for example PM_{2.5} and CO₂.

399 The similarity between BC, NO₂ and PM_{2.5} measurements from our campaign and
400 collocated regulatory monitoring sites confirms that our campaign estimates were generally
401 accurate. Some of the discrepancies between the two monitoring approaches may be due to
402 differences in the sampling instrumentation, the exact sampling location, and quality assurance
403 and quality control procedures. While we were unable to compare CO₂ or PNC measurements to
404 regulatory observations, duplicate instrument collocations generally showed good agreement (SI

405 Figure S6). Additionally, CO₂ instruments were regularly calibrated and PNC instruments
406 completed zero checks (SI Table S3, Figure S5).

407 We observed elevated annual average pollutant levels near areas with low green space (as
408 quantified by normalized difference vegetation index [NDVI]), bus routes, major roadways, and
409 impervious surfaces. These findings are generally in line with past work.⁷⁹

410 While future mobile monitoring campaigns may be guided by the design and findings
411 from this study, it's notable that the unique geographical, meteorological and source
412 characteristics of different airsheds may produce slightly different results. These results do
413 highlight, however, the importance of collecting multi-pollutant measurements, particularly in
414 urban or other areas characterized by major emission sources such as airports or railroad
415 systems, which may be important contributors to local and/or regional air pollution levels. This is
416 particularly true for PNC given the limited monitoring data available and its unique spatial and
417 temporal patterns. More generally, multi-pollutant exposure assessment is a growing interest in
418 the field of air pollution epidemiology,^{46,80-83} and something that we are positioned to make a
419 meaningful contribution to in future work.

420 While UFPs are generally characterized as particles under 100 nm in diameter, this
421 definition is not standardized and varies from instrument to instrument as well as study to study.
422 Since most particles by count are in the smaller size range with few above 100 nm,³⁵ PNC should
423 adequately characterize UFPs. Moreover, the collection of PNC from multiple instruments in a
424 field setting is unique to this study. PNC measures from different instruments were strongly
425 correlated with each other, and they produced broadly similar spatial surfaces, strengthening our
426 confidence in the quality of our measurements. Differences in the reported PNC levels across
427 instruments, however, can be attributed to multiple factors including differences in technology,

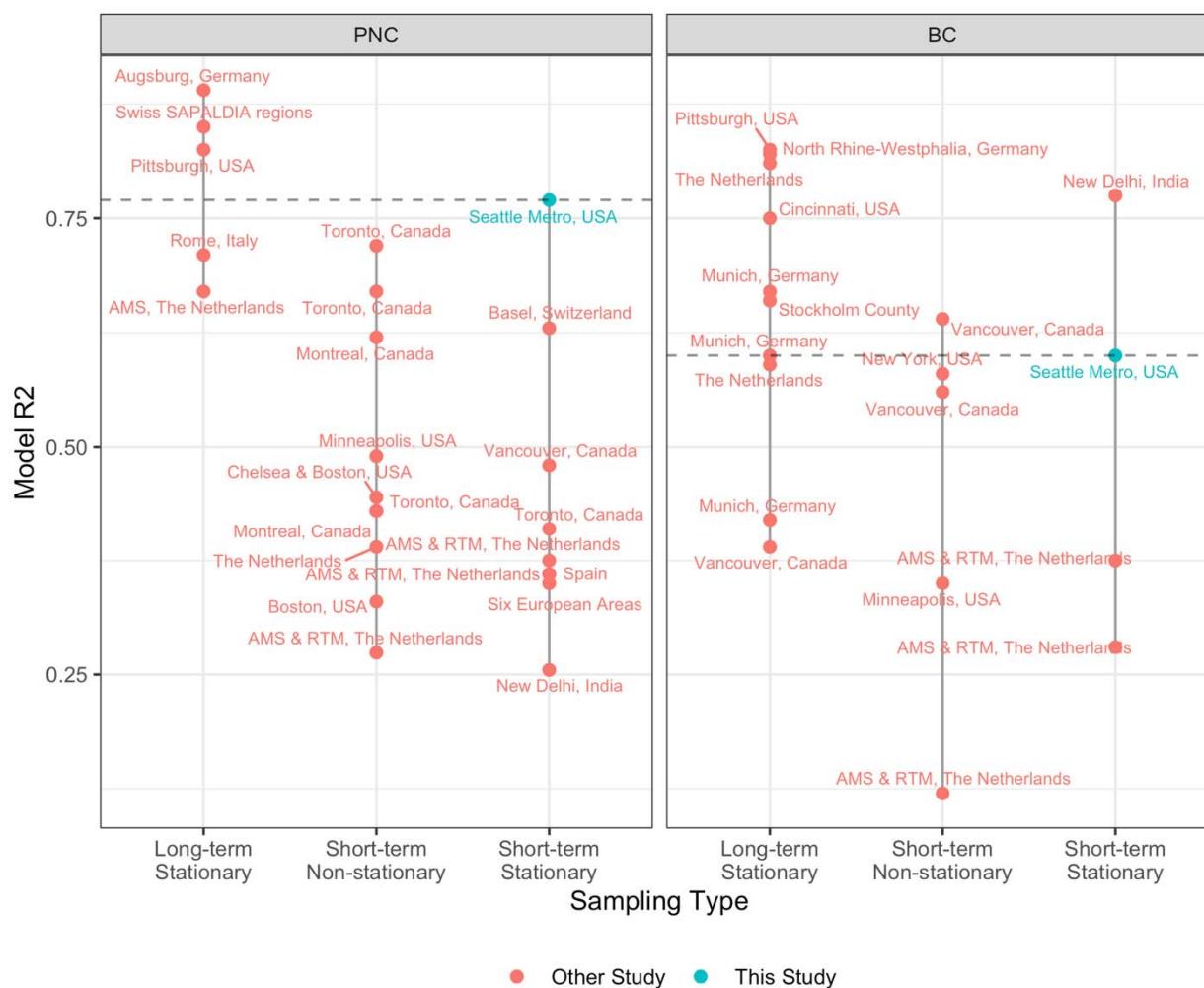
428 each technology's unique particle size detection efficacy, and built-in calibration (if present), all
429 of which impact the reported particle size ranges and concentrations of each instrument.
430 Differences across PNC instruments in the predicted absolute concentrations as well as overall
431 spatial surfaces highlight these differences. By comparing PNC levels from the unscreened and
432 screened P-TRAK, for example, we see that roughly half of the measured (and predicted)
433 particles are between 20-36 nm (SI Figure S20). Furthermore, these smaller particles are more
434 concentrated near the area's major airport, the Sea-Tac International Airport. The DiSCmini also
435 captures this rise in PNC near the airport but shows much lower relative concentrations
436 elsewhere, suggesting it measures smaller particles well. Reasons could include the different
437 measurement technology as well as the manufacturer's reported lower particle size cut of 10 nm.
438 The NanoScan total concentration, on the other hand, reports concentrations that are roughly
439 50% higher than the unscreened P-TRAK, with elevated PNC levels near the airport, but also in
440 other parts of the monitoring region, including south of the airport along major roadways and at
441 the Seattle urban core. Elevated PNC levels are thus predicted from the NanoScan in a larger
442 area of the monitoring region.

443 It is an open question whether the use of different PNC instruments across epidemiologic
444 studies makes cross-study comparisons and coherent causal determinations difficult, or whether
445 these differences still produce interpretable findings for the field as a whole.⁸⁴ We are well-
446 positioned to further investigate this question of how different instruments pick up UFPs in
447 future work. We observed, for example, a slightly non-linear relationship between the DiSCmini
448 and all other PNC instruments when the predicted concentrations were high (SI Figure S21). A
449 non-linear trend was also present when comparing the BC, NO₂, PM_{2.5}, and CO₂ predictions to
450 those from the DiSCmini, but less so when comparing these to the PNC predictions from other

451 instruments. Furthermore, we will be able to use of size-resolved particle counts from the
452 NanoScan (13 size bins, data not shown) or by looking at the differences between the unscreened
453 and screened P-TRAKs, where the minimum sizes are 20 and 36 nm, respectively, in order to
454 characterize size-specific exposure surfaces, sources, and health effects.

455 A feature of mobile monitoring campaigns is their reliance on repeated, short-term
456 samples in order to achieve increased spatial coverage when compared to traditional long-term
457 monitoring approaches. Since we collected about 29 two-minute samples per site (about an hour
458 of data), we recognize that the resulting annual average site estimates are noisy. Still, with MSE-
459 based R^2 values of 0.77 for PNC and 0.60 for BC, our models performed better than many other
460 short-term stationary and non-stationary monitoring campaigns (R^2 of approximately 0.13-0.72
461 for PNC^{21,42,43,49,50,53-56,58-63,68,85-91} and 0.12-0.86 for BC.^{21,53,58,63,68,71,72,75} Figure 3 illustrates
462 these results as well as those from other long-term stationary campaigns. There are several
463 features of our study design that could have impacted our strong model performances. For PNC,
464 Saha et al. (2019) reported that short-term stationary (collecting short-term samples while
465 stopped, as opposed to while moving or traditional long-term stationary sampling) studies like
466 ours have generally sampled between 60-644 sites, sampled each site between 15 minutes and 3
467 hours, and collected between 1-5 repeat samples per site. Similarly, BC studies like this one have
468 generally sampled 26-161 sites, sampled each site about 30 minutes, and collected about 2-3
469 samples per site. Campaigns with more site counts have generally collected fewer repeat samples
470 per site. Compared to earlier studies, we sampled more sites than most fixed and short-term
471 stationary studies (309 sites). This dense monitoring network covered a larger geographic area
472 and likely allowed us to capture hotspots that may have otherwise been missed by more sparse
473 monitoring networks. Additionally, we visited each site for shorter periods of time (2 minutes),

474 which allowed us to collect more repeat site visits (approximately 29) than what most studies
 475 have done. While our resulting total site sampling durations (~58 minutes) were similar to other
 476 short-term stationary studies, we captured more temporal variability by sampling year-around
 477 during all days of the week and most times of the day, a limitation of most past campaigns. SI
 478 Figures S22-S23 summarize these as well as other short-term non-stationary mobile monitoring
 479 and long-term stationary designs for PNC^{21,42,43,49,50,53-63,68,85-92} and BC.^{21,53,58,63-75}
 480



AMS = Amsterdam; UT = Utrecht

481
 482 Figure 3. Cross-validated model R^2 estimates from our and other PNC^{21,42,43,49,50,53-63,68,85-90,92} and BC^{21,53,58,63-75}
 483 studies. Studies are stratified by whether the sampling type was traditional, fixed site sampling (long-term stationary), short-
 484 term mobile monitoring campaigns that collected on-road data while in motion (short-term non-stationary), or short-term
 485 mobile monitoring campaigns that collected data while stopped (short-term stationary). Figure does not include Saha et al.

486 (2021),⁹¹ who used a mixed sampling approach for PNC from multiple sources (R^2 : 0.54-0.72). Horizontal dashed line is the R^2 for
487 this study. Plots show the average R^2 from a study if multiple models were presented without a clear primary model.

488

489 In terms of our modeling approach, long-term averaging and winsorizing reduces the variability
490 of the observations and focuses on the spatial contrasts of interest; this could have resulted in
491 better performing models than had we modeled concentrations without aggregating them to a
492 annual averages (e.g., stop medians). Sensitivity analyses using mean of (non-winsorized)
493 medians, for example, generally resulted in slightly lower performing PNC and PM_{2.5} models
494 due to the inclusion of more influential points in the models. Using a measure more robust to
495 extreme observations, the median of medians, produced lower performing CO₂ models due to the
496 further reduction in variability. Still, we reported good out-of-sample MSE-based R^2 estimates,
497 which better characterize a model's predictive performance at new locations and are generally
498 lower than the in-sample regression-based R^2 estimates that many studies report. We estimated
499 these higher model performances despite the lower air pollution levels in our monitoring region,
500 which can make it harder to get good prediction performance due to reduced variability (e.g.,
501 CO₂).

502 Overall, these results demonstrates that the design of this campaign captured the spatial
503 pollutant variations that can be explained by sensible land use features well, including those
504 related to traffic. These data will thereby produce robust and representative long-term average
505 TRAP exposures for the ACT cohort. Next steps include applying these prediction models to the
506 cohort and conducting inferential analyses to determine the association of these pollutants with
507 brain health. The rich dataset from this extensive campaign also provides an excellent foundation
508 for investigating many important questions about how to best design mobile monitoring
509 campaigns for application to subsequent epidemiologic studies.

510

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512

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